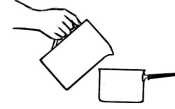
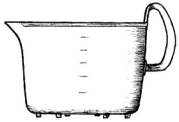


Pinnbröd

1 person

Tag fram:



Degbunke

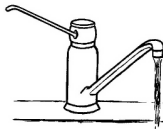
Träslev

DL-mått

Msk-mått

Krm-mått

Kanna



Vetemjöl

Salt

Bakpulver

Kallt vatten

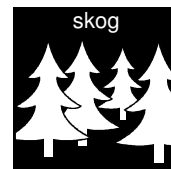
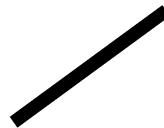
Kniv

Pinne

Gör upp en eld



Hämta en pinne i skogen
Skala ena änden



Blanda med träslev alla torra ingredienser

1 dl vetemjöl



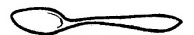
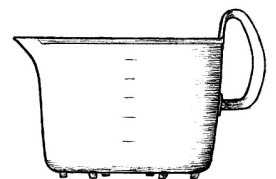
1 krm bakpulver



1 krm salt



Tillsätt 2 msk
vatten och arbeta
ihop degen

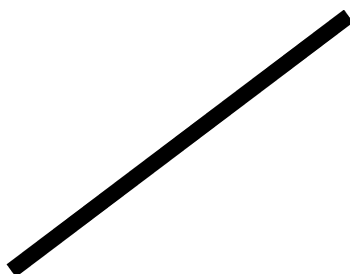


Pinnbröd sid 2

Rulla ut degen till fingertjocka längder



Rulla degen runt käpparna



Grädda pinnbrödet över elden cirka 5 minuter

